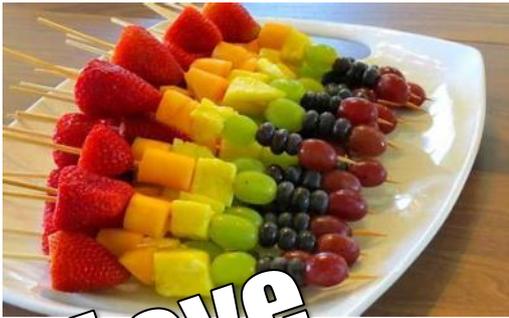


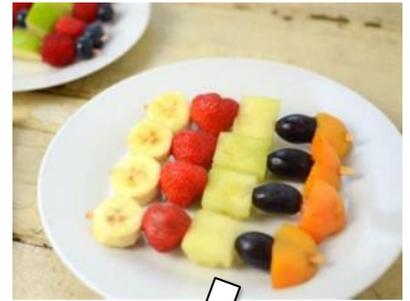
# High Street Baptist Church



LOVE

## Fruit Kebabs

Anything goes! Grab some fruit, cut into pieces, load onto a skewer and enjoy!



JOY

## **Fun Fruity Day Out!**

### **Grove Farm Pick Your Own, Great Gap**

The pick your own started in 1981 and now covers 80 acres with a wide choice of over 30 different fruits and vegetables.

A great day out for all the family.  
Picnic tables. Refreshments available.

You can find full details of what is in season on the web site

#### Opening times

Monday to Saturday 10am-6pm (last entry 5:15pm)

Sunday 9am-1pm (last entry 12:15pm)

Tel: 01296 668175

<http://www.grovefarmpyo.co.uk>

## **Pipe Cleaner Fruit**

What can you make?



## Acetate Apples

It's transparent at the moment, but use your tissue paper to fill in the apple shape. You can screw the tissue paper into balls or just glue it on flat. It's up to you!



Can you create a collage picture of some fruit using just torn up magazines and newspapers? This one is done by a French artist called Henri Matisse.



Kids Activities @ High Street Baptist Church Tring  
[www.tringbaptistchurch.co.uk](http://www.tringbaptistchurch.co.uk)

# High Street Baptist Church

## Sticky Plum Flapjack Bars

### Ingredients

450g fresh [plum](#), halved, stoned and roughly sliced  
½ tsp mixed spice

300g light muscovado sugar

350g [butter](#), plus extra for greasing

300g rolled porridge oats (not jumbo)

140g plain flour

50g chopped [walnut](#) pieces

3 tbsp [golden syrup](#)



Peace

Patience

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## The Fruits of the Spirit

Galatians 5:22-23

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## Raspberry, Almond & Oat Breakfast Cookies



2 ripe [bananas](#), mashed

150g porridge oats

2 tbsp ground almonds

½ tsp [cinnamon](#)

100g [raspberries](#) (fresh or frozen)

1. Heat oven to 200C/180C fan/gas 6. Tip the plums into a bowl. Toss with the spice, 50g of the sugar and a small pinch of salt, then set aside to macerate.

2. Gently melt the butter in a saucepan. In a large bowl, mix the oats, flour, walnut pieces and remaining sugar together, making sure there are no lumps of sugar, then stir in the butter and golden syrup until everything is combined into a loose flapjack mixture.

3. Grease a square baking tin about 20 x 20cm. Press half the oatly mix over the base of the tin, then tip over the plums and spread to make an even layer. Press the remaining oats over the plums so they are completely covered right to the sides of the tin. Bake for 45-50 mins until dark golden and starting to crisp a little around the edges. Leave to cool completely, then cut into 18 little bars. Will keep in an airtight container for 2 days or can be frozen for up to a month.

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1. Heat the oven to 200C/180C fan/gas 4 and line two [baking trays](#) with baking parchment. Mix the banana, oats, almonds, cinnamon and a pinch of salt in a bowl to make a sticky dough. Gently stir through the raspberries, trying not to break them up. Scoop up tablespoons of the mixture and roll into balls, then place on a baking tray and flatten with your hand.

2. Bake for 15 mins until the cookies feel firm around the edges and are golden brown. Leave to cool. *Will keep in an airtight container for up to three days.*



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# High Street Baptist Church

## The Fruits of the Spirit

Galatians 5:22-23

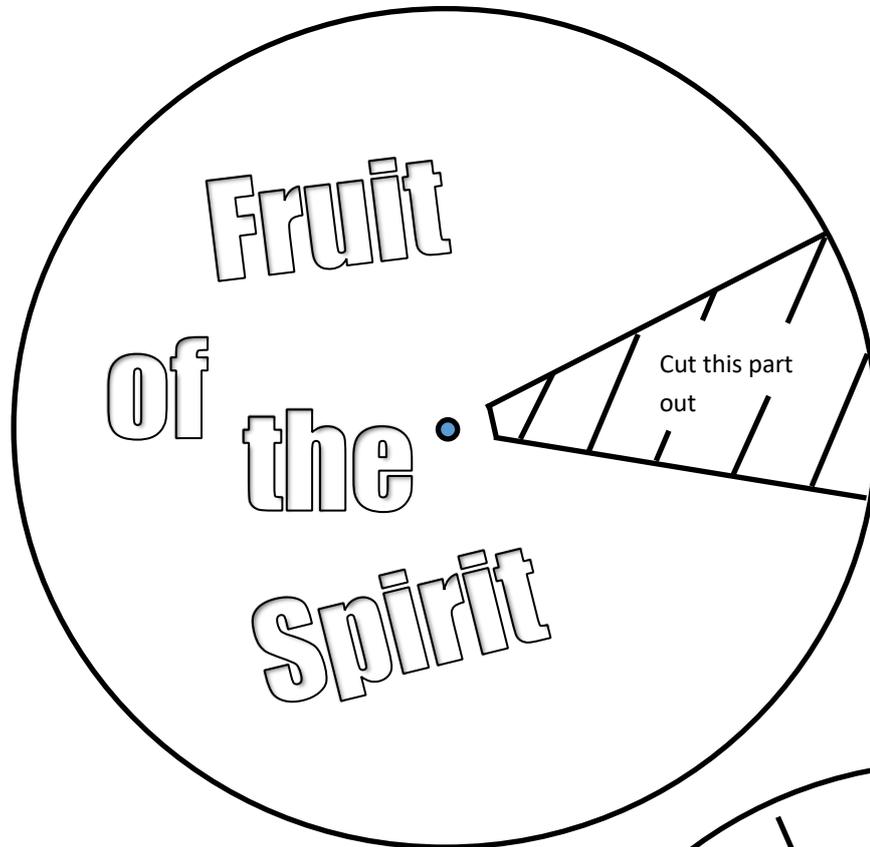


Cut out the two circle shapes and the single segment as marked.

Add the names of the fruits of the spirit to the blank segments (you will have one spare).

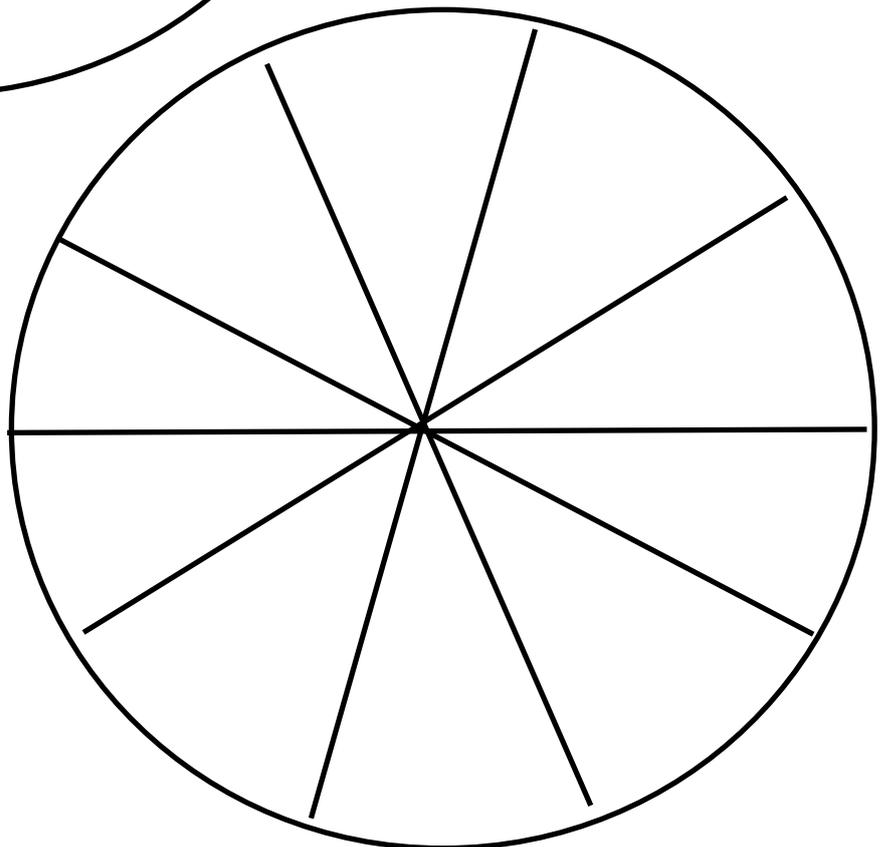
Colour it all in so it looks **amazing!**

Push the split pin through the centre of both circles with the segmented piece underneath.



### Bible Story ideas linked to the Fruits of the Spirit

- \* LOVE: The Good Samaritan
- \* JOY: Paul & Silas in Prison
- \* PEACE: Daniel and the lions
- \* PATIENCE: Joseph rises to power
- \* KINDNESS: Healing a paralyzed man
- \* GOODNESS: King Josiah and the torah
- \* FAITHFULNESS: Abraham
- \* GENTLENESS: Moses
- \* SELF-CONTROL: David spares King Saul's life



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Galatians 5:22-23



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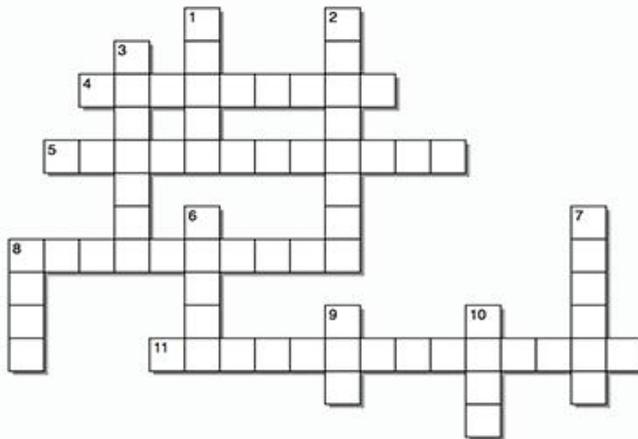
# High Street Baptist Church



## Adventures

CROSSWORD

### FRUIT OF THE SPIRIT



#### ACROSS

- 4) The book of the Bible where Paul mentions the fruit of the spirit.  
 5) Great is your \_\_\_\_\_. (Lamentations 3:23 ESV)  
 8) Pursue righteousness, godliness, faith, love, steadfastness, and \_\_\_\_\_. (1 Timothy 6:11 ESV)  
 11) One who loves what is good, who is \_\_\_\_\_, upright, holy and disciplined. (Titus 1:8 ESV)

#### DOWN

- 1) The Hebrew name for the Holy Spirit. (Hint: starts with the letter 'r')  
 2) God is gracious, merciful, slow to anger, and of great loving \_\_\_\_\_. (Psalm 145:8 ESV)  
 3) Love is \_\_\_\_\_, love is kind. (1 Corinthians 13:4 ESV)  
 6) Do the best you can to live in \_\_\_\_\_ with everyone. (Romans 12:18 ESV)  
 7) A Hebrew name for God. (Hint: starts with the letter 'Y')  
 8) Yah is \_\_\_\_\_, a stronghold in the day of trouble. (Nahum 1:7 ESV)  
 9) Your statutes are my heritage forever; they are the \_\_\_\_\_ of my heart. (Psalm 119:111 ESV)  
 10) \_\_\_\_\_ your neighbor as yourself. (Mark 12:31 ESV)

#### Music Statues—don't forget the good old party game fun!!

Play some music loud enough for everyone to hear and have your kids dance around the house. Stop the music periodically. Whenever the music stops, whoever is dancing must freeze in place. If you catch someone moving, he or she is eliminated from the game. Keep dancing until one person is left. If you have a small family, keep dancing until one person has a designated amount of wins. This is a great way to release pent-up energy and hopefully get them to bed earlier!

- Pass the parcel
- Sleeping lions
- Musical Animals (pick an animal, play music, then when the music stops, pretend to be that animal)



Kindness

#### Recipe for Playdough

- 1 mug plain flour  
 1/2 mug cooking salt  
 1 teaspoon cream of tartar  
 1 tablespoon cooking oil  
 Food colouring  
 1 mug boiling water

Put flour, salt and cream of tartar in a bowl and stir well.

Add boiling water, oil and colouring and mix thoroughly, then knead well on a lightly floured board. Add a little extra flour if necessary so that the dough is not sticky.

Dough keeps well in a margarine/ice cream tub at normal room temperatures, No need to keep in the fridge.

Gentleness

**Cork:** natural, renewable and recyclable, it is biodegradable and **100% environmentally friendly.** One of the most eco-friendly resources on the planet.



#### **Coasters: How will you decorate yours?**

\*Personalise with your names.

\*Use tape to mask off areas and create a straight line when painting.

\*Use felt pens to decorate.



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